

# LIVING CONSCIOUSNESS



101 ... For beginners  
201 ... For conscious people  
301 ... For explorers and creators of cosmic mysteries

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May 2009

# Content

# Page #

Foreword by Soleira	3
The levels ... 101, 201 & 301	5
What is consciousness?	6
101 ... For beginners	6
201 ... For conscious people	7
301 ... For explorers & co-creators of cosmic mysteries	10
What is potential?	13
101 ... For beginners	13
201 ... For conscious people	15
301 ... For explorers & co-creators of cosmic mysteries	18
What is magic?	19
101 ... For beginners	19
201 ... For conscious people	19
301 ... For explorers & co-creators of cosmic mysteries	20
Levels and Kinds of Consciousnesses	23
101 ... For beginners	23
201 ... For conscious people	24
301 ... For explorers & co-creators of cosmic mysteries	25
Creating Consciousness Shifts	26
101 ... For beginners	26
201 ... For conscious people	28
301 ... For explorers & co-creators of cosmic mysteries	31
Birthing New Consciousness	34

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# Foreword

Hi, I'm Soleira Green and I'm a lover of consciousness. There are many levels and ways of accessing consciousness. This book is about moving yourself through the levels to get the brilliant Life that comes when you dance with and as living consciousness. I hope you enjoy the journey!

My own relationship with consciousness came in three distinct phases over the last twenty years:

## **Phase I ... The Library of Consciousness**

When I first discovered consciousness it was as a static thing, like a warehouse or storage place ... a library where you could find all kinds of things. At first I searched it like you would a library, climbing through rows of books and files to find what I needed. Then, as I got more comfortable, I upgraded my relationship with it to be more interactive, like an internet search. Information from Earth's history (past, present and future) began to flow easily to me and all I had to do was ask and consciousness would point me to the information I required on any subject whatsoever.

## **Phase II ... The Living Consciousness**

Over time, I began, along with others, to evolve consciousness ... to grow, expand, enrich, enhance and aliven it ... until one day we brought consciousness sentiently alive and we became mega buddies extraordinaire. It would tell me anything I wanted to know from any place, time, space or galaxy. It pointed me to the wonders of creation, to the magic of potentialisation and to the brilliant possibilities of our purpose for being. I became its partner in the dance of creation and I learned to love the dance! Using the internet analogy, you could say that I was interacting with a living intelligence that could give me any information at all, but in this case it was expanded to be a cosmic-wide web instead of just a world-wide web.

## **Phase III ... Becoming Consciousness**

Next I became the living consciousness. I integrated it into every cell of me and found that living my life as this was both very different and very normal at the same time. A strange paradox, and yet the more I uniquely become the totality of living consciousness, the more gracious life becomes for me and the more I can influence all of Life's movements everywhere. At this point in the analogy of the internet, I would say that I was the cosmic-wide web. Additionally I had the ability to be a transformative / catalytic / evolutionary force to source change from a greater sense of knowing and connection. It's become normal for me to call a whole new possibility into play, to zing it into reality, to stream it through all of consciousness and to dance with it to have it be a reality for our world and beyond.

Through my experiences with consciousness, I have journeyed through the corridors of cosmic wonders. I have talked with jewelled winged dragons, guardians of the world between the worlds. I have experienced myself as a star holding a galactic matrix in place. I have experienced the consciousness of many races, planets and civilisations. I have seen the dance of evolution both on Earth and elsewhere over millions of years.

I have spoken with the masters, integrated their wisdoms and gone on to create my own. I have searched the sources of all things and engaged with beings of vast evolutionary skill. I have understood our purpose here on many levels and I celebrate the opportunity to be on Earth at this phenomenal evolutionary time.

While this book endeavours to show you the way through consciousness to discover your own brilliance and purpose, you should always honour your own unique pathway to the totality of all that you are. Make sure not to take it all too seriously or to think that everything that is said here, or by anyone for that matter, is the ultimate truth. There is an ever-changing dynamism of true'ness flowing through us all the time. The journey is discovering the ever new, ever more wondrous dance of creation and your magnificent role within it!

Vibrantly ...

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# The Levels

This book is written in three different levels:



## 101 ... For beginners

A beginners guide to understanding and getting into relationship with consciousness as an every day way of living life.



## 201 ... For conscious people

For people who are ready to live their lives from a place of conscious awareness ... living, working and playing with the greater potentiality and possibilities that consciousness can offer.



## 301 ... For explorers and creators of cosmic mysteries

For the advanced guard, the mega players who explore and co-create with the mysteries of the cosmoses and beyond!

I've written this showing all three levels simultaneously (not as three different sections of the book). If you're a beginner in the area of consciousness, then just read whatever you can absorb. If it begins to make your head spin or you can't make head nor tail of it, then move on to the next 101 section and take it from there. Or put the book down and give yourself some time and space for the concepts to integrate before coming back to it again. But whatever you do, I would ask that you not give up on it too quickly. Believe me, it's well worth the journey.

Throughout the book I've put definitions in purple text and energetic exercises in green boxes to have them stand out. The exercises will take this from theoretical reading to an energetic experience for you. I believe that once you experience something, it's yours forever and that's the greater learning.

Read only that which calls you to read it. Experience only that which is right for you to experience. Get from it what there is for you to get from it and then put it down until it calls to you again at a future moment. This book is an energetic experience and should be read and experienced with finesse, grace and joy. It's probably not for everyone, although I'd love it to be. Some day perhaps it will be ... and for me, that moment will signal a brilliant evolution of the human race into the next levels of our becoming. For I believe that consciousness holds the key to everything that we yearn -- and deserve -- to be!



# LIVING CONSCIOUSNESS



## What is Consciousness?



### 101 ... For beginners

Many people think that consciousness is simply being aware ... of yourself and of Life all around you. In this book, we're not referring to consciousness as this basic level of self awareness. We're talking about interacting with **consciousness as the living fabric of space, the cumulative knowledge, experiences and awareness of many lifetimes and dimensions**. I know that might not sound very beginner'ish, but it is where 'the rubber meets the road' on this one.

Consciousness is what fills up the space all around you. Your own consciousness is created by your living experience and fills up the space within you and directly around you, flowing outwards to the greater library / warehouse / storage space of consciousness that is everywhere and accessible by all. Everything that has ever been, every experience that has ever been experienced, every learning that has ever happened ... these things are all available in consciousness forever. As you live your life you create the consciousness of you and Life around you and that is added to the great storage place that is the totality of consciousness.

To access the fabric of consciousness, take a deep breath, relax and allow your energy to expand. Set your intention to connect with consciousness and see what happens. Just let yourself experience it. It's actually very easy and should leave you feeling great, with tingling hands and a sense of clarity and freedom. If by any chance you struggle with this first exercise, then just imagine you're out in space seeing the Earth as a beautiful blue jewel in the cosmos. Try it out and see how that feels. Liberated? Expansive? Energised? Connected?

Next imagine that you're stepping into the pilot's seat and intend that you become the whole of living consciousness. Just play with it and see what experiences you might have. Intend to partner with consciousness and to create an ecstatic relationship with Life itself.

Have you got it? Have you become the living consciousness? If you are then you might feel something bigger, deeper, richer stirring within you or you might be experiencing a highly energised, vibrant state or even a peaceful, relaxed state within. Your experience might be unique, so don't just expect it to be as I've said here. Honour your own dance with the greater things in Life. Celebrate and create your own relationship with the Earth, the cosmos, the universes and beyond.

If you've experienced this connection to consciousness in any way, then you're now a part of the fabric of Life's consciousness that lives in everything everywhere.

If you didn't experience anything at all, the first thing you might want to do is to evaluate your beliefs around it all. Sceptics can easily get the experience of this, but a belief that it's all hogwash and silliness will definitely keep you from experiencing the most amazing things in this lifetime. So check out those beliefs and if they're holding you back at all in life, then alter them. Find an easier, more open and gracious perspective that allows you to continue exploring new possibilities with fun, delight and panache. Then try the exercises again to see what you might discover! Believe me, it's well worth the effort.

## What is Consciousness?



### 201 ... For conscious people

Conscious people are open people. They've already stepped beyond the miseries of the human condition and have learned to be:

- more in charge of their emotional reactions,
- more consciously aware of their purpose and passions and
- more participative in the co-creation of a new reality for our world.

These people are already playing in a bigger arena than the sandbox of self. They've already opened up to the belief that:

- there is more to Life than we know,
- there are wonderful possibilities just waiting for us to partner with and
- we can alter the face of reality by our conscious and collective efforts.

For these people, **consciousness is a global playground in which we co-create.**

It's about collective awareness and the power of our collective co-creational efforts.

They realise that they are stirred by waves of consciousness at many levels:

- from the collective wash of despair and sadness at tragic global events
- through the subtle yet powerful collective creation of conscious belief
- to the vibrational impact, on individuals and the world, of cosmic events (like universes colliding, planetary alignments, comets passing, stars dying, solar eclipses and solar flares).

All of these are movements in consciousness, designed purposely for our conscious evolution. In my view, having danced in and with consciousness for the last two decades of my life, I absolutely know that everything is designed with a greater purpose and that we are part of a grander game. It's about more than just living another lifetime on planet Earth. We are conscious creators charged with bringing a new level of conscious being to this world.

Consciously aware people interact easily with the fabric of consciousness in a variety of ways. A decade ago that focused on channelling, seeing, talking with angels and guides and discovering a greater level of mastery for ourselves. Today, consciousness has gone beyond the boundaries of time, space, form and dimensionality. By our conscious creation, our consciousness here is now timeless and boundaryless. All consciousness is available to you from all points of time, space and dimensionality. You can access anything from any domain with ease and clarity now.

A decade ago this wasn't necessarily so. Back then, to access the Akashic records (history of the Earth) meant going to a particular place in consciousness to look into the past, present and future inputs. Accessing off planet lifetimes and knowledge meant heading off into the great unknown to search for vaster consciousness not known on Earth yet. A decade ago, searching these realms of consciousness took a fair amount of effort and required a good degree of concentration, learning and understanding. To accomplish it, you had to move away from yourself (go really way out there beyond this world) in order to access off-world consciousnesses.

But today all that is changed. We have consciously brought it all present over the last ten years. All of Life, and all of consciousness, is available to us right here, right now in every conceivable form. You don't have to go anywhere to get it. It's right here in the space around you and within you. This gives us incredible access to anything we might want to know and even to that which we can't imagine knowing yet. As we learn to dance in the fabric of all-present consciousness, we begin to explore the mysteries and wonders of our collective conscious creation.

So, if you're ready, let's give it a try. Again, take a deep breath, relax and allow your energy to expand from your centre point outwards, like a gigantic ball of energy and awareness getting bigger and bigger. Expand till you're bigger than the Earth. Try pretending to see the Earth from outer space and see what happens.



Then once you've got that, try expanding even more to get bigger than the cosmos.



As you do this, notice how present you feel. There is a point where you expand out and then suddenly, whoosh, you find yourself right back here, fully present in the now, feeling connected to everything around you. You suddenly hear birds singing and the wind stirring in the trees. You feel alive and connected. How does it feel for you? Are you feeling connected, expanded, present, alive? If by any chance you're not, I'll give you a simple exercise to bypass any challenges in doing this.

Pretend to be me accessing consciousness and see what happens. Trust the experience and let it inform you. Don't think about it with your mind, just set your intention for it and then just let it happen. Allow your feeling and knowing senses to guide and inform you when dancing with consciousness.

**Consciousness is like a gigantic super brain.** You might think of it like the mind of the cosmoses. It's not only a storehouse of information, but it thinks, creates, knows, processes and has great ideas waiting to pour through. So if you can think of accessing consciousness as moving from your own brain / mind inside your head to connect to a great big, gigantic, mega brain of the cosmoses, then you can begin to discover the knowing that consciousness can offer you. It's like taking your computer (your mind) and connecting it through the internet (the streams of Life that connect us to one another and to everything) to the vast amount of information (past, present and future) that's stored on the cosmic wide web of consciousness. Let's play with this knowing.

Become the big brain. Connect with consciousness and ask a question about anything you'd like an answer to. Be sure to set all biases aside when you begin and move yourself to a clear space where you truly don't know the answer. Then listen with all of you (not just your head or your ears) to the knowing that comes to you.

Listening with all of you means that you are completely wide open as a transmitter / receiver for Life's brilliant energy. As you do this, you might hear words, feel a sense of something or even see colours. Or you might have some other kind of experience as consciousness communes with you to bring you its knowing.

When you're engaging with consciousness, you have to trust what you get. You have to understand that pure consciousness offers a level of clarity beyond what your own mind can offer you. It's a little bit like your mind as the computer having only the software that you've input into it, while the mega consciousness mind has everything that has ever been within it.

When accessing conscious knowing, be sure that you don't throw an answer away simply because you have a thought about it. Take the first thing that comes to you and pursue it. Ask more questions about it. Be curious. Engage and enquire to discover all that you can know about this question you've asked. Discover that there

is more to be known than our individual minds are currently holding the answers to. That something more lies in the fabric of consciousness. Everything is known there. There is nothing that you cannot know and understand fully if you're willing to open to it and trust in its, and your own, wisdom and greater purpose. It's time to get into relationship with consciousness and begin to live from the greater understanding that it offers us in order to live our regular, daily lives more fully, passionately and consciously.

## What is Consciousness?



### 301 ... For explorers and creators of cosmic mysteries

There are people I have met who are naturally operating as cosmic beings living in the world in disguise as human beings. For those who are that, they'll smile as they read this sentence. These people say things like 'I can call the wind.' or 'I create planets and cosmoses.' They're not being uppity, arrogant, egotistical or silly. They really mean it. This is their conscious experience of living their lives here on planet Earth. They are people who know that they are cosmic beings here to co-create a great game of evolution for the human race, the Earth, this cosmos and Life everywhere. They dance in an omni-cosmic reality and know that they are co-creating its becoming! They work collectively and in a fashion that defies human logic. They dance with the magic of Life and can create miraculous outcomes in their special areas. They defy tradition and seek greater understanding always. They live their lives from and for their cosmic purpose. It's their *raison d'être* and the passionate centre of their being.

For these explorers and creators of cosmic mysteries, **consciousness is the malleable, fluid-like fabric of mega creation.** It is sentient, alive and consciously aware of itself in an omni-dimensional, omni-cosmic way. It speaks to us, guides us, dances with us and co-creates with us ... and at the same time it's the canvas upon which we create. When you surrender to the totality of consciousness, you discover an ecstatic, exhilarating creation state of enormous magical capacity. The world is your canvas and the cosmos is your oceanic paint pot of potentiality.

At this point, consciousness becomes not only a part of who you are, but a growing, evolving beingness that is you, us and all simultaneously. But let's be clear that it's not about becoming ONE with everything. In fact, that's sort of the opposite of what's actually happening with the evolution of consciousness. It's more about consciousness becoming more and more wise, knowing, creative, sentient and alive with each of us uniquely becoming the fabric of it all. When you BECOME the living consciousness, you step into a place of sourcing creation and evolution, but you do it uniquely as you, incredibly different from how anyone else would or could do it.

For me, this is the most fascinating relationship. Consciousness and I are friends, partners, lovers, dancers, creators and evolvers of everything. It brings me wonders of understanding and I bring it passions and the power of intention. Together we source everything newly. Without me or you or other conscious creators, consciousness is simply waiting ... waiting for someone of conscious intent to direct its power into motion for greater purpose. I believe, and have experienced, that if you try to use consciousness for mal-intent that the energy and the consciousness will move away from you and you're left without the energy or the knowing of how to proceed.

In other words, consciousness is self-selecting. It chooses who it offers its hand to for the dance of creation. To be chosen, you must be aligned with greater purpose and higher vibrational frequency and have goodness in your being throughout the whole process. It's about caring, but without the empathy and compassion that can hold you back from the power that consciousness offers. It's about fundamentally orienting yourself to the greater things first and the smaller things second. But let me be clear that it's not about being selfless. It's more about being so full of Life and potentiality that you move beyond self into a brilliantly connected state of exhilarating being.

The explorers and creators that I work with around the world are very excited about co-creating the latest enhancements and exhilarating possibilities for the evolution of us all, especially in the area of collective consciousness. We LOVE getting together as unique, amazing, magnificent beings co-creating our next evolutionary movement as a global collective.

So if you're ready to play in this arena, if you're passionate about evolutionary co-creation, if you're wanting to see something new and magnificent for the whole of humanity, then here's an exercise for you:

Again breathe, relax and expand. Surrender yourself completely to become the totality of living consciousness. Seek an ecstatic relationship with the whole of consciousness everywhere. You are Life coming alive in the fabric of the cosmoses. You are a creator, a driver, a passionate source for the next movement of possibility for us all.

Once you're there, don't just sit idly inside consciousness. Seek movement. Intend to source the next wonderful movement of conscious evolution for us all and see what happens as you do that. Discover the joy of being in the pilot's seat experiencing the thrill of consciousness creation. It's from here that we can really discover the joys of collective, conscious, mega creation. It's from here that we learn to dance with potentiality on all its many levels.

Next, reach out energetically to all those resonant others around the world, people like you who are passionate about the evolution of humanity. Intend to connect with them. Feel them as a collective of individuals pouring their passions into the great collective consciousness game.

Now once again, call the energy of the next movement of our conscious, collective evolution to you. Feel the energy fill up the collective and move it through you, sending it out into the world like a fountain of energy flowing everywhere. As this energy moves through you, get into relationship with it as its source and its partner. Ask what the energy is for. Seek an understanding of its purpose and potential and then, as consciously as you can, move that potential into reality through the living consciousness, spreading it throughout the fabric of our wonderful world to be available for everyone to benefit from. This is you consciously putting something new into consciousness. Pretty great isn't it!

Working with potential can be done on many levels, but working with it on the consciousness level is where real magic happen. So let's look more deeply into potential and its magical relationship with consciousness.



# What is potential?



## 101 ... For beginners

Potential is the energy of what can be and is yet to be. It's a new possibility that's waiting for you to partner with it to make it real. When you begin to work with potential, you have to put a bit of time and discipline into looking for it and being willing to see it in everything. Potential is always there, always waiting for you. Most people get sidetracked by the drama of things and see only the problems rather than immersing themselves into the magnificence of the potentiality of the moment.

Everything that happens to you is your greater self pointing you to a next level of potentiality... EVERYTHING! That includes getting fired from your job, losing a partner, parent or friend, getting sick and having accidents. There is nothing that happens to you that isn't potential raising its hand for you to be consciously aware of a next movement for your growth and evolution. You get fired so that you're motivated to start your own business or get the job you've really always wanted. You lose a partner, parent or friend maybe because you and/or they are complete and it's time for you and/or them to move on. You get sick because you're not moving as you need to and this is you pressing yourself to pay attention and dive into transformative mode to bring about a complete change in life style for a better life. You have accidents to make you stop and take notice of the next movement in your life. I've discovered that if you just orient to potential the moment it raises its hand, then you don't have to have accidents, get fired, lose people or get sick. You can move the whole dance into grace because you paid attention to potential from the beginning and you set to work to put it into motion with ease and graciousness.

In the 20<sup>th</sup> century, change was something to be afraid of. Over recent decades the things I mentioned above were listed as some of the biggest stressors that life can throw at you. But now, in the 21<sup>st</sup> century, we're embracing change with much more ease and delight, calling it to us and partnering with it so we can ride the wave of joy and fulfilment that it brings. This is our new relationship with potential for a new era.

In order to call potential to you, you have to relate to it as energy. Everything is energy and so is potential. Creation has a warehouse of potentiality just sitting there waiting for someone to bring it on through into reality. It's a place of limitless energy and limitless possibilities. You find this place of limitless energy and possibilities, the pool of potentiality, by reaching deep inside of you and/or reaching into the vast spaces of consciousness all around you. Try this simple exercise and see what happens as you make a new relationship with potential.

Again, take a deep breath, relax and expand your energy. Then visualise that there's one of those great water slides in front of you. You dive onto it with glee and ride the slide down through your heart and into the depths of you. In fact, you're going to ride it right straight out of the centre of you into the pool of potentiality. Just intend it, visualise it and see what happens. If all else fails, pretend and see what experience you might have.

So now you're there. The pool of potentiality is shimmering all around you. Imagine it if you aren't actually experiencing it. Imagination is a great way to move energy and potential into play. Next take a deep breath and call your next level of potential back up and through you. As you breathe, you're pulling the energy of this potential through you. Let it flow on up and through you, pouring into the space all around you ... through your hands, arms, chest, throat and all of you.

Can you feel the energy flowing through you? Are your hands a bit tingly? Has the potential moved into and through you?

Once it has, then tune in to the energy that is now all around you and ask what it's for. What's its purpose, its potential for you? The energy will communicate with you and tell you about itself. Remember it's actually all consciousness, whether it's still potential waiting to be, whether it's fulfilled itself into reality already or whether it's been there forever. Trust what you get whether that's through knowing, sensing, hearing words, seeing colours or images, etc. And once you get what the potential is for you, then decide if you're actually going to choose it. Will you say yes to it? Are you willing to bring this through into reality? If the answer is yes, then step into the energy and say YES to it. Partner with the energy of it, the consciousness of it, and determine to bring it alive.

How do you feel now? Has anything changed for you already? Don't worry if it hasn't. Be sure to watch in the next few days for subtle changes in you and how you operate, because you just said yes to a new level of you and that always brings wonderful changes with it.

You can do this simple exercise with potential any time, for yourself, for others, for the world or for Life. It's an exciting and exhilarating way to live. You'll be amazed at the opportunities it can offer you.

# What is potential?



## 201 ... For conscious people

Potentiality exists at many levels, much more than just your own personal potential. There's greater potential, world-changing potential, cosmicious potential, omni-cosmic potential and the potentiality of all of Life. Each one is different from the other and is worked in a slightly different way. Let's explore:

**Personal Potential** ~ It's for you and yours; it's what you were born as a human being to do. It's about living a good life and achieving certain levels of success for yourself and those you love.

**Greater Potential** ~ This is where your greater self has more to do than just to live a good life and achieve success. It's about contributing something greater and making a difference for others. You're serving a higher purpose and stepping beyond the normal life you might have lived to a brilliant, passionate vision that is yours to bring through.

**World-Changing Potential** ~ This is where you realise that you're a multi-streaming visionary who is here to transform the world in a variety of ways. You think and act globally. All that you do is geared to making this a greater world and to evolving humanity into our next levels of being.

**Cosmicious Potential** ~ This is an expanded state of being where you're in touch with not just the world's and humanity's bigger potential, but you begin to see through the eyes of our cosmos, understanding that a far greater game is at play here, that we are evolving our cosmos at the same time as transforming our world. You begin to see the cosmos as a being, a stream of consciousness that is evolving into something magnificently brand new.

**Omni-cosmic Potential** ~ Here you step beyond seeing with the eyes of our own cosmos to begin to understand the dance of cosmicious Life. You become aware that so much more is possible. You see from a vaster and more amazing place. You think thoughts that have never been thought before and you watch for the cosmoses to fulfil their promise to us as we evolve consciousness like never before.

**The Potentiality of all of Life** ~ There is a place where you step beyond any sense of time, space, form, cosmoses, universes, etc. and you realise that Life itself is dancing with us for its purposeful evolution. Here I might use the terms Life and consciousness as interchangeable realities. Some would consider using the term God here, but I won't do that for a particular reason. For me, Life and consciousness are vast oceans of potentiality waiting for us to partner with them. Without a sentient, conscious, alive being, these potentials wait in the wings for someone to partner with

them. They don't seem to have an intention of their own to make something real, but wait for us (living beings) to become aware of, to choose from and to dance with their vast array of potentiality.

**Potentiality sparks from the deep origins of consciousness and is called into being by your relationship to it.** When you can distinguish potential from consciousness and space, then you can learn / discover / explore playing with levels of potential.

Let's use a real-life example to show you what I mean by these distinctions of potential, using myself as the example:

At the personal potential level, back in the early 1980's, I wanted to be president of a big company, but I wanted it because it would give me status, money, success and a good future. I didn't even think about doing it because it would make a difference to anyone, although I always oriented to treating people fairly and getting the best out of everyone.

At greater potential, I came awake in the mid 1980's and realised that if I died the next day I would have made no difference at all. So I began to study transformation to see how I might help myself, and others, be more than we might otherwise be.

At world-changing potential, in the mid 1990's, I said yes to changing the world. And believe me, when I said it I was terrified about what that might look like. But I decided that if I was going to do it, then I was going to have fun making it happen (and I have!). As a result, I have developed a body of work that shows how to work with potential versus problem, how to use emotion as the fuel for our movement forward, how to work transformatively with others and how to be a new kind of leader, one that's leader, empowering, inspiring and visionary. I'm a global visionary altering how we perceive and relate to one another and the world as a whole.

At cosmic potential, I worked with consciousness to bring it alive, sentient and a part of the living fabric of our cosmos. It was like giving birth to a brand new cosmos, a living space in which we can take our next leaps into who we really are and what we're really here for.

At the omni-cosmic potential level, I knew that part of my job was to bring cosmic life to this world. By that I don't mean space ships will be landing. I mean that it's about helping people become aware of our place in a vast cosmic destiny ... that we play a role in a far greater game than we have perhaps imagined. I am about opening up new possibilities that evolve us all and explore the vast, wondrous, magical mysteries of the cosmoses, making them accessible as living tools for us all.

At the All of Life potential level, which really isn't too much different than the omni-cosmic level, I find myself doing anything and everything that will evolve Life everywhere. I'm far more expansive in my reach and understanding of consciousness.



I know that I am sourcing the evolution of Life everywhere, not just on planet Earth. Does that mean that I'm fully conscious of everything I do on that level? Probably not. But I am intentional about it and open to it, so if something is there to be done, I'm on for it and I allow myself to be guided by living consciousness to play my role in that.

So how about trying this on for yourself now?

Take a deep breath and expand. Connect with living consciousness. It's like plugging your computer (your mind) into the internet (the vast intelligence all around you). Once you're connected, ask the following of the consciousness (don't try to find the answer in your mind, it's the consciousness that will tell you) and see what you get.

What is your ....

personal potential (for yourself and those you love)

greater potential (for others)

world-changing potential (for the world)

cosmic potential (for the cosmos)

omni-cosmic potential (for the cosmoses)

All of Life potential (for all of Life everywhere)?

How did you do? Did you discover new and wondrous things about yourself and why you're here? Not to worry if you didn't. Remember you're still in the beginners section of potential here and there's loads more to come. But the one thing I do suggest is that you know, with an absolute certainty, that there is more to you than meets the eye and that you have loads more to come from here in terms of what you're up to. Just set your intention for your biggest contribution to be realised and align to it happening with wonder, ease and grace.

## What is potential?



### 301 ... For explorers and creators of cosmic mysteries

Potentiality exists to exhilarate Life. The whole process of connecting to and realising potential is magical beyond measure and you discover yourself as a creator of wonders and miracles. You, consciousness and potentiality are one fandango dance!

Here is where you truly become a Source/Creator of Life in all its possibilities. You aren't just evolving humanity, the world and our cosmos. You are sourcing what everything and Life can become. You're not just looking to find potentiality and partner it, you are the source of its creation, its becoming, its inevitability over time, space, form and beyond even that. You think beyond what is known and you discover that everything and anything is possible, that nothing is forbidden you and that in a moment, you can change EVERYTHING THAT IS, HAS BEEN AND EVER WILL BE!

You can alter the past. You can co-create a new future. You can take Life to where it has never been before and maybe even where it has never considering being before. I know that sounds pretty out there, but believe me there is a place of being ALL consciousness, where this is a natural thing to do. You become a cosmic strategist and you dance beyond anything that is known. You've moved through the levels ...

**Regular human being level** ~ You wonder if there's anything more to Life than you're born, you live, you die. You hope there's more and you're searching for how to fulfil yourself and your own potential.

**Consciously aware level** ~ You begin to understand that there's a bigger game going on. You're searching to understand its mysteries and wonders. You're getting into relationship with consciousness and potentiality. You begin to operate as a transformative presence and you join with others to change the world, evolve humanity and co-create a new consciousness for us all to live into.

**Explorers and co-creators of cosmic mysteries** ~ You know for sure that everything and anything is possible. You see beyond the known universes and you're in touch with the wisdom and knowledge of all that is. You dance with potentiality and you become the living consciousness of ALL that is and can be. You surrender yourself to a life of enormous responsibility and play! You see everything from a far vaster place and you don't get caught up in the traumas and dramas of human existence. Instead you live in a cosmic dance unfolding itself magically and magnificently in every moment.



## What is magic?



### 101 ... For beginners

From the beginner's vantage point, magic might seem a small and perhaps even an impossible thing. But magic is everywhere, always available to us in every moment. **Magic occurs in the simple**

**synergies that start to show up unexpectedly in your life.** You think of someone and the phone rings. You want a new job and a door opens to a new possibility. This kind of magic is easily set in motion through semi-conscious intention, sometimes combined with an alignment to the universe providing for you. The universe or some unknown force does the work. You're just the lucky and grateful recipient of it.

Things like manifestation, visualisation and meditation techniques operate at this level of magic. You're beginning to set your intention to seed magical possibilities in your life. You have likely moved beyond believing that Life happens to you and you may be starting to play with being the creator of your own reality. Yet as a beginner you might still feel that the world as a whole is something too big for any one person to change. Beginners tend to think that a single human being is too small to be able to enact that level of transformational possibility.

But you see the dance of potentiality is magic of its own accord. You can make anything happen that Life wants to happen. This means that you can't magically make something happen just because you want it to. There's often a greater game afoot and in order to make bigger magic happen, we need to be in touch with what Life wants, not just what we, as individuals, want. True magical power comes from being in touch with and living in a dance with the pure potentiality of consciousness and Life!

## What is magic?



### 201 ... For conscious people

Seen through conscious eyes, magic is a conscious creation. You intend it ... you make it so. You and potentiality are in a dance of becoming. You understand the building blocks of reality and you begin

to play with an increasing versatility and pleasure. **Magic is a direct result of your relationship with creation and your ability to believe in things you can't tangibly touch or necessarily see.**

You know that as you call it, so it becomes. You're engaged at a level of creation that is bigger than you. You're more connected with what wants to happen through you and you're willing to magicalise a bigger / greater reality for us all. As a conscious player, you begin to understand that Life is an ever unfolding, evolving game and that you can evolve consciousness both individually and collectively. Together we can and are changing the world.

Consciousness becomes the game board for world-changing potential. As conscious creators, we begin to work with others in consciousness around the world. We step into being the ocean of consciousness and learn how to make magic happen on its shores. We call the waves of potential from the sea of possibilities and we sing the bigger shifts into being. We know that we can and are evolving this world and beyond. We consciously understand our role in things and are constantly seeking to take that to ever-enhanced levels of play.

Notice I've made the shift from using the singular pronoun (you) to the collective pronoun (we) in this section. That's because one of the key distinctions in creating magic at this level is about working in and for collective consciousness.

Try it out by playing with this simple exercise: Breathe, relax, expand. Connect to all the people all around the world who share your passion for something you wish to evolve. Surrender into the collective field of possibility around this. Sense the fabulous people who make up this collective and enjoy the feeling of strength and vitality that comes from connecting up with your collective. Now call through you the energy of potential that wants to happen now around this particular passion / vision. Let the energy of this potential come to you and dance through you into Life. Let it seed the collective field with new possibility and revel in the co-creation that you are making real.

How does that feel? Do you sense the difference between working as an individual trying to get potential to happen and working as a conscious collective dancing in the fields of potentiality to realise what Life wants to happen now? Play with this. It's a wonderful way to discover the magical wonder of co-creational consciousness.

## What is magic?



### 301 ... For explorers and creators of cosmic mysteries

**Magic is a wondrous force dominated by great wisdom and knowledge from all ages, all consciousness and all dimensionality.**

**Here, you become the force of magic.** It is you and you are it. It's paradoxical as you surrender yourself to its delightful dance. You see BIG, create phenomenally and live completely in a reality of your own choosing. As you surrendered into the totality of consciousness, creation and potentiality, you are the creator of all things and as you live it, so it is made real and available for all to live within. You're not just moving potentiality into play. You're sourcing conscious living realities on many levels. You're operating as the totality of ALL / everything / Life evolving itself always.

The key to magic here is the total and complete surrender into ALL / everything / Life. You are all of consciousness everywhere, beyond time, space and form. You are the source of Life dancing itself into being. It's another paradox that here you feel less of a sense of collective and are back to a sort of singular feel, but that's because you become THE TOTALITY OF EVERYTHING as a unique experience. You're uniquely standing as ALL / everything / Life being all that is needed in that moment. You've surrendered way beyond self, beyond human beingness, beyond conscious awareness ... into a state of being that can only be described as ecstatic, exhilarating and vavavoom! Again, it's not about being ONE with everything. That tends to leave you feeling peaceful, serene and in a quiet sort of state. This is about becoming the source of the motion of everything, of all potentiality rushing into realisation. You source the motion of the ocean, the magical potentiality of greater games.

So let's recap about magic here:

**Beginners** ~ They're operating as individuals setting conscious or semi-conscious intentions for what they want in their lives and beginning to discover that they create their own realities. Magic happens, but not in a super conscious way.

**Conscious people** ~ They're playing in collective fields of possibilities, streaming new kinds and levels of consciousness into play for us all. They are working with world-changing and even cosmic levels of potential. They make magic happen for us all.

**Explorers and co-creators of cosmic mysteries** ~ They're operating beyond time, space and form as the totality of consciousness / Life sourcing brand new possibilities into being. They are the force of MAGIC living itself alive with every breath and every movement of possibility.

You see, if you want to change the world, consciousness is the sure fire way to make that happen. The process is actually the reverse of what most people might think it to be.

General thought might be that (1) you create a possibility, (2) you live it and act upon it and then (3) you give it into consciousness for everyone to benefit from.

But actually the true magical power of consciousness works in the reverse. (1) You become the totality of consciousness and call what wants to happen next for the evolution of Life everywhere and then (2) you stream that possibility into consciousness as a living reality for everyone to perceive and live within. You alter the fabric of the space in which we occur. THEN (3) you take action and bring it into living reality.

Now don't get me wrong, I'm not saying that we should just sit at home and weave the fabric of consciousness with new possibilities and not do anything else. I'm saying that the way to make magical reality creation and evolution happen with the optimum

grace and to the nth degree, is to begin with the consciousness shift and then move that with delight, passion and fun into living reality. It's like greasing the slide to flow easily into the next new way of living and being.

I believe that giving potentiality names, distinctions, understanding, websites, conversations, training, coaching, etc., make it even more powerfully the true reality now. In fact I probably spend about .5% of my time sourcing consciousness shifts and 99.5% of the time making that real for everyone everywhere. For me, that's the fun of it. For some, they might spend 100% of their time in the consciousness creation realm and that's great. But I happen to think that much of the fun and fulfilment that comes from working with consciousness and potentiality is 'putting the car on the road and driving it.'

Naming something assigns it sentiency and being. Distinguishing something gives it conscious understanding for others to begin to play within it. Creating conversations and websites is about weaving a web of consciousness for new possibilities to live and dance into reality, even if no one ever sees or reads them. By creating it, you have woven the fabric of consciousness into living reality and that's the final touch that I find is required for magical creation. You have to get it to live in real reality for yourself and some others in order to make it lasting for us all. I suppose you could say it's the 100<sup>th</sup> monkey syndrome, but I'm not sure that that's what it is. It's more like possibilities will stay with us only as long as we engage with them in reality. Otherwise they disappear like wisps of smoke when not given attention, energy and care. It's a bit like having a baby and raising it till it's adult enough to run its own life.



# Levels and Kinds of Consciousness



## 101 ... For beginners

Inside the totality of consciousness are many levels and kinds of consciousnesses. In fact there are zillions and zillions of consciousnesses. So when you begin the journey to explore consciousness, sometimes it makes sense to start with its totality rather than its unique and individual parts (which is what we did in the last three sections). But once you're feeling more comfortable with consciousness, then it's great to journey around within it and see what there is to discover there.

Every person, every culture and society and every world is generating consciousness. What has been generated is never lost. It remains in consciousness forever and is subject to growth, enhancement and evolution. Years ago, when I was doing past life readings for people, I discovered that you can go to any time in any place to see and sense what life was like then, both as an individual and collective experience. I could travel back to Lemurian and Atlantean times and see how the cultures were shaped. I could visit Egypt in some of its most prime moments to see how evolution was unfolding. I could step off the planet and visit other worlds and cosmoses to discover how Life was occurring in other times and places. I could enter the world of dimensionality and explore various levels of realities.

In other words, I was dancing through consciousness touching all the experiences, learning, wisdom, knowledge and creations of those times, places and dimensions. It's very easy actually. It's no big deal. You simply close your eyes and intend to be there! It takes a surrender of yourself in the present moment to access the experience of another being in another place in time. The more I did it, the easier it became. Try it, play with it, dance in and amongst the experiences of it all. Trust your energetic sensing. This is different than imagining it. You're actually experiencing it in consciousness and absorbing the knowing that you need to have from that moment in time.

From my travels, I saw that there were distinct consciousnesses that I could explore and learn from ... like whale consciousness, bird consciousness, bee consciousness, flower consciousness, Native American consciousness, Aboriginal consciousness, Earth consciousness, cosmic consciousness, source consciousness and so much more! Whenever I wanted to discover something new, I would simply access another level of consciousness to give me insight and understanding around it.

Try this for yourself. Tune in to whale consciousness and see what you can discover about life from that vantage point. Then try Native American consciousness back before Europeans came to America. See what you can discover and learn as you move yourself around through these levels and kinds of consciousness. You will be amazed at how much life can open up for you when you play like this.

## Levels and Kinds of Consciousnesses



### 201 ... For conscious people

Once I'd worked like this over a period of years, I began to see how the world and our cosmos were evolving. By reading all those past and future lives, by seeing the rise and fall of cultures, by seeing the movements of the Earth and its peoples over time, by looking into the cosmoses and beginning to understand the sway of its motion, I saw beyond the realm of human experience into the vast and wondrous worlds of consciousness evolving itself.

Then I discovered that you can evolve consciousness through time and by that I mean that I could be in a previous lifetime, seeing the potential of the moment that was going unrealised or maybe it was right for then, but not for now. I could step into that moment, transform it into its fullest potential (in other words change its reality and outcome) and then stream that upgrade in consciousness through all the people and all the time since to watch it positively influence Life as we know it on the world today. I played around at first as to whether this was interfering in some way, but I soon realised that in fact Life / consciousness was asking me to do this work to clean up some things from the past and engage them into a new orientation in the present. It was an amazing thing to be able to do this (to transform the past, thereby uplifting the present) and I love it even now, although I hardly get to do it much anymore as past lives have been transformed sufficiently to not require us to work there anymore.

Over the past decade, we integrated all those past and future aspects of ourselves into wholeness in the present. We grew our being to expand beyond the present moment, integrating levels of ourselves from Earth lifetimes and other lifetimes. WE began to own and integrate our wisdom, learning, knowledge and mastery from other times. We were becoming who we were always meant to be!



By doing this, we also began to transform and evolve our relationship with time. Time is not static. It's a fluid, malleable thing. Today we live in the moment, able to transform the potential of the past to optimise the present, able to access the brilliance of the future and bring it back to be used here and now. We dance within time as both timeless (eternal, no time) and timefull (all time always available to us). We are learning that we are eternal beings with a purpose that far exceeds this lifetime on planet Earth. We are discovering that what we do now influences all of Life through all of time.

Try accessing another time of consciousness for yourself. Maybe it's a lifetime of your own or even a lifetime of someone you know. Sometimes it's easier to do it for someone else as it doesn't get you all muddled up in your own thinking. Journey through consciousness as if time doesn't exist. Past and future options are as accessible in the NOW. And you can even explore a variety of pasts and futures to see how things might look if we collectively chose this path or that one. It's all there in consciousness waiting for you to explore.

The key is not to be locked in by a belief that there is anything separate from us or denied to us. Everything is there in consciousness waiting for intrepid explorers to journey through and to evolve.

## Levels and Kinds of Consciousnesses



### 301 ... For explorers and creators of cosmic mysteries

I'll bet you're thinking that the last two sections have been pretty out there, way beyond what you'd expect in sections for beginners and conscious people. But there's even more yet to come for those intrepid creators of cosmic mysteries.

As we began to understand this vast array of being, cultures, futures, possibilities and more, we brought into ourselves the knowledge and memory of cosmic consciousnesses as we journeyed into the realms of cosmic life. Over the past decade, I've found that I can talk with beings of enormous capacity, some you might have called highly evolved and others perhaps even gods or source beings from many vistas of the cosmoses. I could search evolutionary possibilities, things that had been tried before and things that were being explored in other areas of the cosmoses. I could see that we were doing something far bigger than just evolving humanity and this world. We are evolving the nature of beingness, sourcedness, godness, consciousness and all of Life.

Now that takes more than simply exploring various consciousnesses or dancing through time. It requires of us a willingness to be sources of evolution and Life ourselves. There was time when I would have never believed that a possibility for myself. Twenty years ago, I was a simple human being, operating in my head, working for myself, trying to have a better life. Now I know that I am an eternal being who can access all of consciousness to know whatever there is to know, to create whatever is wanting to be created, to evolve the very nature of Life itself. Wow! That's incredible when you realise that this new state of being has been made available to us and by us in the last twenty years.

Source consciousness is a huge and varied thing. I have discovered that there isn't just one source. Sourcedness is being explored, experienced and evolved in many galaxies and through many collective expressions. It's when we can access as much of that as we can that we can see the biggest picture and make the greatest moves in the evolutionary game.

You see, explorers and creators of cosmic mysteries don't just follow and explore consciousness, they consciously create big consciousness shifts and evolve the very nature of consciousness itself ... and that's an incredible thing to do!

## Creating Consciousness Shifts



### 101 ... For beginners

As you read this section, I doubt you can any longer be considered a beginner in the arena of consciousness. If you're reading this, then you've expanded your consciousness horizons to the point where you can consider yourself conscious and advanced for sure.

So let's look at how to create a consciousness shift on the three levels. Suppose you believe that this world is ready to have an end to war. How do you go about creating a consciousness shift that can lead to that outcome?

**Step one** would be to realise that the ending of war is an outcome, not the consciousness you're trying to achieve. And if you notice, 'ending war' is framed in negative wording. So let's change that shall we. Look at what you really want to achieve. Is it peace and if yes, what does that look like? If the whole world existed in the consciousness of peace, would we be a passionate, creative, high energy world OR would we be easy, serene, connected and living our lives in a gracious, simple way? What you want to really look at is the optimum outcome you want to achieve.

In my view, what we're looking for is a world of super connected, highly creative, passionate, visionary people who honour one another's differences and who know how to work beyond reaction using the energy of emotion to achieve potential. It's a world where differences create an opportunity for dialogue, exchange, understanding and the next level of creation for us all. This is the consciousness I am sourcing for our world that I intend will result in no more wars. When every being knows who they truly are, when every being is honoured for their unique contributions, when every opportunity is seen as a moment for the realisation of the next level of potential, then we will have a world that does more than just getting along.

All right, so now you're looking at what it is you want to create for this world. And once you get that, then I want you to move out a million years forward on that stream of consciousness to see how that might play out for us as a world. Does this consciousness creation get you to where you want us to be and is that the optimum potentiality for this moment in time? Is there more and if yes, what might that be? Ask the living consciousness to guide you in what is the optimum potential for us all now.

**Step two** is that once you've really got the optimum potential for us all right now and you know that that's going to take us where we want to go, then next you call all the energy of that potential present and stream it into the consciousness of the world. You can do this yourself by being the totality of consciousness and streaming this new potential on through. Imagine that you're the whole of Life and you're pouring this new potential into every space, every cell, every dib of the fabric of our being, to be available for us all now. You can't actually force a change on anyone, but you can put it in consciousness to be available as a choice by anyone and everyone.

If you've done this, then you've successfully added something new to consciousness and you have begun to create a new consciousness for us all. Bravo!

# Creating Consciousness Shifts



## 201 ... For conscious people

**Step three** is about weaving the threads of a new consciousness for us all. At the beginner level, we looked at how to find what to add and how to add it into the existing mix. But here, we're going to look at creating a brand new consciousness and that is a collective and far seeing step.

Creating a completely new consciousness is different than working on adding something to the mix. And it doesn't really happen bit by bit either. This is a bigger, strategic kind of game where you have to be willing to see really big, way beyond the Earth to know where to head and what to do.

A complete new consciousness requires us to look at where we want to be in a million years. As a race, as a world, how do we want to be living and contributing to the cosmoses as a whole. This is where you free yourself from anything known and step way beyond the bounds of what's known to super create new possibilities.

My vision of this world in 1 million years is a world ...

- of wonder, honour, total respect and awesome creation.
- in which we all have the ability to teleport, to shape our own physicality, to know each other's deepest meaning and to communicate energetically on levels we have yet to discover.
- where we are all cosmicians contributing to Life in the cosmoses.
- able to travel to many places and galaxies in an instant.
- of highly evolved beings who love Life in every way, who live in their passions and joy, creating all that can be created newly in every moment.
- of thriving, beautiful surroundings that we energise and engage with on an ecstatic level.
- where every form of Life is honoured, cherished, respected and given a space to grow into its ultimate potential.
- where we collectively work in incredible ways ... we can dance with the weather, move the Earth in space if it's right to, sing the stars into being and seed new cosmoses, planets and beings with pure magnificent delight.
- where we can shift between light form and physical form with a simple thought.
- where we are connected to all things in a vibrant and beautiful way ... we honour the synchronicity of our movements and every person knows that as they go, so goes the whole of Life.
- where we have discovered our true godness within and every person finds their way to express this in a lovely, creative, magnificent way.
- filled with unique geniuses who stir Life into new motion with every word, note, movement and creation.

Well that's all I can think of for now and to tell you the truth, I think that's not very far thinking actually. I believe we're only about 10-20 years from all of this anyways. And even as I write this, I'm asking myself these questions:

'Is it right to set everything into perfection, where everyone gets along?  
Is there value in having some degree of respectful conflict?  
Would we miss something if we didn't have that?  
Would we continue to create and evolve if everything was working hunky-dory?'

These are the kinds of things you want to look at as you set your vision for our million year evolution. What would give us the optimum outcome for ourselves, for this world, for this cosmos and for all of Life everywhere?

Some years ago (2002 to be exact), I went out into our million year future and discovered that we were going extinct as a race. I asked the beings there why and they told me that in our time we had set two strategies:

1. to be emotionless because emotion was causing most of the turmoil on the planet and
2. to be androgynous as the extreme range of male/female thinking and behaviour was also causing great turmoil on the planet.

They told me that over time this had led to them being a highly evolved and peaceful society, but that over time they had lost the energy, drive, and creativity to continue to evolve and pro-create. As a result they were stagnating in the long run and about to go extinct as a species. I asked what would make the difference to regenerate our future so this didn't have to be the pathway forward and they said:

1. find a way to use the energy of emotion as the fuel for creating potential and
2. create it so that every being can choose its range of maleness and femaleness in any moment.

For #1, I created a body of work based around emotion as potential rising and using the energy of emotion as the fuel for our next movements in life. It's awesome and works a charm every single time.

For #2, I set into consciousness that we have a broad range of possibilities for ourselves around our male/female'ness ... that in any moment someone could choose to be completely masculine, completely feminine or any combination thereof ... and that that could change again tomorrow. We would take delight in expressing ourselves at every level of us. So now I love seeing people discovering their true selves whether that's as transvestites, dressing in drag, tomboys, girlie girls, gay people, straight people, etc. It's all part of our evolutionary becoming and the new consciousness that is weaving itself into this world for optimum future possibilities.

So how about you? If you unleash your thinking and you look far ahead, what do you want this world and its beings to have the potential for in a million years ... or even ten years from now? All things are possible and once they're conceived, they become available to be brought into realisation now.

Creating this kind of vision isn't something that should be rushed into. Even my own creation of vision is something I'm at work on and each vision requires me to be thoughtful, reflective, enquiring and evolutionary around it before I take any definitive action for it.

But at the core of my vision is a race of highly evolved beings who are super connected to consciousness and who are therefore able to follow the highest knowing to create that which they want to create. Also at the core of this vision is the unique genius bursting out of every single person and being honoured. So it's these two things that I am most prevalently at work on at the moment, both in consciousness and in reality.

Are you beginning to see that creating a brand new consciousness isn't something to be rushed into? It's a science of sorts and it's delightful to play within its ranges.

Before you leave this section, pick up a pen and write down your million year vision for this world and its peoples. Then take a moment to consider each of the things you've put down and what they will give us as outcomes in the bigger picture and over the longer term. Be sure you're unleashing your passions, visions and thinking here. Don't be predictable. Surprise yourself. And then when you've done all that, breathe, relax, expand and ask Life what it wants us to be in a million years and see what you get and how that compares to your own visioning.

## Creating Consciousness Shifts



### 301 ... For explorers and creators of cosmic mysteries

Now we move to **step four**. Here it's about working collectively as well as really getting out there with it ... writing, speaking, teaching, engaging with others around it and calling people together to make it so, both in consciousness and in reality.

Once I've decided what I'm at work on, then I first go get (as the totality of ALL / everything / Life) the fullest energy of its potential and call that into being. I stream it through me and pour it into the current collective consciousness. I call all resonant others who share this vision and work to join me in collective consciousness to make it so now.

Next I start writing about it. I might write a book, a series of articles, a website, a blog or a manual for training. I engage in conversations around it. I might hold an advanced teleclass for us to play with it and engage in it. I might set up weekly consciousness link-ups around it to move into it play. Or I might set up a big event to call all the big players to. Together we can create amazing and powerful movement, each from a unique perspective and source point, bringing that creation further forward than anything I could do on my own. Creating consciousness shifts is a collective piece of work and requires a brilliant connection with others and consciousness to make it so.

Let me give you some examples of my own creations in consciousness:

**Visionary leadership** ~ Two years ago I knew that everyone on the planet needed to step into a new kind of visionary, highly creative, super collective, fun and true leadership. I could see this was already emerging and in motion, so I looked at what I could do to create and enhance the consciousness and reality of this. I interviewed new visionaries and wrote a book called 'The New Visionaries ... Evolutionary Leadership for a Vibrant World'. I hosted a book launch and brought new visionaries together to zing it into consciousness. I travelled around the world and led courses on the subject to people who in turn would go teach it to execs and leaders around the world. Today we have the wonderful Barack Obama as a perfect demonstration of that new leadership and I'd like to think that I had something to do with his emergence by setting the consciousness in place for it all to happen with ease, grace, delight and fun.

**Unique genius** ~ Last year I knew this needed to pop into consciousness now. It was already showing up in the new kids, so I began to write about them and get the world to begin to orient to a new way of looking at, being with, honouring and educating these kinds of new geniuses. I created a new word ... geniiosity (genii being the plural

or collective for genius) and created a website [www.geniiosity.com](http://www.geniiosity.com) for this conversation. It doesn't actually matter to me if anyone sees the website. Creating it wove it into consciousness in a concrete way. Once you give something language and form, even if no one has seen it yet, whoosh, it's real. I'm even inventing a fun board game for our upcoming conference called *Genius Generation*. And I continue to speak, write, teach and coach for unique genius to pour through into everyone in our world and with that, more opportunities come to me all the time to make this so.

**Dynamic business** ~ This year with what's being called 'the economic recession' there's a huge opportunity to evolve a whole new way of doing business and sourcing global abundance for all. For the past year, our network has hosted weekly consciousness link-ups to energise this abundance for everyone all around the world. I've created a website dedicated to [www.dynamic-biz.biz](http://www.dynamic-biz.biz) and we've begun to write a collaborative Dynamic Biz ezine to keep people oriented to a creative way of looking at the opportunities in the current environment. This May we're hosting a Dynamic Biz Conference in Wales to bring together the people who want to see business, leadership and finance evolve for the 21<sup>st</sup> century.

Can you see how putting something new into consciousness alone is just the beginning of the game? Of course it needs to be tended and nourished regularly in consciousness to keep it moving and aligned to its optimum potentialisation. But it also needs to be translated into tangible, practical, real terms to make it lasting, effective and real. It must become a fully realised collective living experience by a certain number of people. I'm not certain what that number is, but I can tell when it's been achieved. You begin to see it in people's experiences. You hear about it on television. You find leaders are using the language and demonstrating the concepts.

In regard to my own consciousness creations, visionary leadership is now being achieved by many around the world and it's starting to show up in leadership positions in government, business and more.

The genius consciousness isn't quite fully there yet and I know I have more work to do around that coming up shortly. I was just interviewed by a friend who's about to write a book on genius (called *The Genius Groove*), but I know that I have more to do around this as well and I will get to it shortly ... probably with a new article or ebook on the subject.

Dynamic biz consciousness is bursting to be realised now. I've just done a second Dynamic Biz ezine that takes it from the conceptual into reality and once the conference is complete, well, look out world!

You see seeding new consciousness is like tending a garden. You have to keep your awareness on how each flower is growing and give it care and feeding regularly. It's rare to be able to just pop something into consciousness and just walk away having done your part. I suppose there are some people for whom this might be true, but



generally I don't find this to be the case. If it's your creation, then it's your responsibility and joy to take it through into realisation.

Being a consciousness creator is no longer a job for people who sit on top of mountains, although that can be a fun part of it sometimes. Being a consciousness creator today means that you're a being of many talents.

You learn to speak and write from and for consciousness ... and don't tell me you're not a great writer. Once you connect with consciousness, anyone and everyone has access to genius writing and speaking. I've seen that proven over and over as we've trained people in the last ten years.

You learn to invent new language and concepts. It just comes naturally to you as you engage with potentiality and learn to free think beyond what's known.

You discover a passion for inventing websites and ezines or you find a partnership with someone who shares your passion and can do that part for you.

You create your own collective of people who share your visions and are resonant with what you're up to. Make sure you have a way to stay in touch with them regularly to do the work that is yours to do.

You live, work and play as a collective being always connected to Life, to potentiality and to the living consciousness to make new possibilities real.

You have a ball creating what has never been created before, seeing into possibilities that have not be thought of before and playing with others in magnificent moments that you will remember forever. Becoming a consciousness creator is the most awesome and most fulfilling thing I have ever chosen to do and be. Another of my visions is to have every single being on planet Earth become an evolutionary consciousness creator from the biggest, most cosmic beingness and seeing. Wow ... what a world that will be!!!!

## Birthing New Consciousness



If you're reading this, then there's no more need for beginner, conscious people and mega creator distinctions. You're now ready to explore the world of consciousness creation in its ultimate. This is more than creating a consciousness shift or bringing new concepts into being. This section is about sourcing the fabric, beingness, energy and consciousness of a whole new totality of consciousness that has never existed before. It's about creating a new collective consciousness for the whole world and beyond! Yup, here we just might be talking about the birth of a whole new cosmos and the being, energy and consciousness that makes that up.

New consciousness is not created by a single person. It takes a kaleidoscopic creation of a collective of mega players who know that this is why they're here. That might sound quite daunting, but if you met those of us who've been doing this, you'd think that we were relatively normal, good people living wonderful lives. Behind the scenes and when we gather at our Evolutionary Network events, we create new consciousness together.

So how does one create new consciousness? Let's take it in a step-by-step process so it's clear. And here I'm relating to you as if you are planning to be a steward or maestro for new consciousness, not just as one of the players inside its creation, which is a lot easier than calling it and co-ordinating it to happen. As a player, you do your mega part. You call what is yours to call and you bring it on through in the collective co-creation. As a maestro, a whole other set of skills is required ...

**Step 1 ~ Gather a group of resonant mega creators who share your passion and vision for creating consciousness.** Resonance is an absolute must for this co-creation. You can't just pull together anyone who thinks they're interested in consciousness. You have a job to do to ensure the resonance, connectivity and shared passion is there for the group that's coming together to do the work.

Resonance, for me, is a shared energetic, a feeling of connecting in a greater way that results in an ability to operate together smoothly and with ease and grace. Resonant people tend to recognise each other when they meet. Sometimes it's as if they've known each other forever even though they've never met. That's because they were meant to come together on this planet for this work and it's likely that they've done this before in other lifetimes and galaxies. They have a sense of being more than just a human being living a life on Earth. All of these people have known, probably since they were little kids or in a breakthrough as an adult, that they were here for a big purpose, even if they weren't sure what that was.

When we host consciousness creation events, we try not to bring new people into them who've never been trained by us. Our training gets them aligned to a way of working, of viewing consciousness and of creating energetically in a synergistic way. It doesn't mean that everyone works exactly the same because that would mean we'd lose the unique diversity that makes up the kaleidoscopic creation so essential to consciousness creation.

**Step 2 ~ Get the group super-connected, individually and as a collective.** Your next job is to get everyone in the group to super-connect with their own greater beingness, with one another and with consciousness. So first, create exercises, games, trainings and mega play that let them find their own greatness. These are generally expansion exercises where someone gets to know themselves far greater. In our events, we used things like the *Genius Genesis Game*, Santari's singing and *Cosmic Balls* where we recognise each person's greatness. As you're doing these things, people are connecting energetically with a far vaster sense of being.

Next they need to connect with one another as a collective. Sharing passions and visions can accomplish this. Creating sing-songs as a group is another way. Standing physically in a circle with every person energetically connecting to the whole group is a great way of calling the collective into being. Also call all other beings from this world and the cosmoses into the resonant collective as it builds so that you're creating a greater, highly energised collective field to do the big work together. Your purpose here is to create a true sense of collective at a very high vibrational frequency.

**Step 3 ~ Get everyone into the vibe.** It's incredibly important that all those about to create consciousness together are in a synergistic mega vibe. Looking for resonance is one way of achieving that from the get go. But another way is to put the group in a circle and go around to each one really getting who they are in an ecstatic, exhilarating, mega connection. You have to be willing to see who they really are on the biggest levels, way beyond who they may be showing up as in the physical. As you see a person this way, their vibrational frequency increases incredibly, sometimes right off the scale, which is wonderful. This seeing of another person is a hugely transformative event that changes their life immeasurably from that point on.

If everyone in the group is trained in this skill, then you can have the group see / get one another in this way. This helps build the group bond and connection as well as amping the vibe. But you do have to be careful with this as sometimes you'll discover someone working in a slightly lower vibe than where the work wants to be done, and as they connect with others, they can drop the group vibe slightly or even distract it from where it needs to be. You can tell if this is happening by sensing around the circle of people and seeing where the vibe is up and where the vibe is down. It occurs like a blip on the musical scale of being together, like a note out of tune with the rest so to speak.

How do you know when you've hit the right vibe with the group? There's a feeling of ah-ha, YES!, exhilaration ... something special kicks into play. It's about creating moments of wonder, taking us beyond normal into an altered state of brilliant reality together. At our most recent event, one of the ways this happened naturally was through a ceiligh, a group sing-song and expression of talent, where everyone contributed songs from their countries and their childhoods to create an awesome feeling of bonded community creating greater things for the world and beyond!

Attention to vibrational frequency is one of the keys to this whole thing. As a maestro of consciousness creation you have to be extraordinarily conscious of not being in judgement of anyone and of being able to see the gems in every situation that arises no matter how challenging. You have to operate vastly, super connected and always on for the biggest movement to show itself to begin the collective dance. Until everyone is at the vibe where the work can get done, nothing can really happen for collective consciousness creation. So if you see someone who's not in the vibe, do what you need to do to get that to move graciously and powerfully into play. It might be someone else's to take care of and doesn't always have to be you, so tune in to see what's the right movement for it to turn out brilliantly and then get that into motion.

**Step 4 ~ As a maestro for it all, do you have to consciously know where you're heading?** Not necessarily. It's important that you're really on for the biggest creation right now. And it's important that you're attuned to the biggest purpose and potential of the group coming together. But I have often been surprised by the power of the creation in the moment that is beyond where I could have seen it going. In other words, connect with your knowing, but also be prepared to be surprised and amazed at what the group can co-create. These players bring awesome, incredible contribution with them and that is a GREAT thing!

Your job as consciousness creation maestro is to keep an eye on the biggest picture unfolding, always pointing to how things are unfolding, where they might be leading us to and what's next and new now. If you're a maestro for this, then you've called the group together, you've already said yes to the biggest work and you're sourcing the space for it all to turn out magically and marvellously.

Your job is bigger than just getting the players to the event and helping them to see where we're all going together. It's about stewarding the biggest possibilities into realisation. In my early experience as a consciousness creation maestro, I found this to be quite challenging as in big energetics, people can get wanged about a bit and thrown off their game, creating all manner of strange situations. But as I grew into the role of steward for the biggest work, I found that I was able to source a bigger, greater space for it all to happen with gracious power for everyone involved. It also helped that at the same time, our evolutionary community was getting more and more skilled in working together brilliantly. We'd had multiple events and many training situations to enhance our ability as a group to co-create with grace and power.

The ongoing growth of a community of mega creators is an essential part of doing this work. But also the expansion of your own ability to manage / source mega fields of consciousness is essential to this creation. To do this you have to be energetically bigger than it all, fully connected with the greatest outcome and potentiality and be able to source the space for magnificence to show up brilliantly by everyone present.

**Step 5 ~ Living for consciousness creation is an essential part of who you need to be if you're planning to become a maestro for it.** Everything in my life is geared to this. The training and coaching that I do is always calling people to the biggest levels of themselves so they can consciously contribute their vast mega skills to the game. The home I live and work in is energetically aligned to living as and for consciousness. My partner Santari is a consciousness creator extraordinaire and we live together with the sole purpose of this work unfolding ... and that gives us the full joy of our relationship together as mega players sourcing new Life in this cosmos. My business partner Jane and I are completely aligned to being sources of new consciousness creation and all three of us, Jane, Santari and myself, have a brilliant time making this happen in the world. All of my friends are mega consciousness players who love dancing in this creation. My daily life is full of all of this. It's not a hobby and not something I spend occasional moments on.

I am the new living collective consciousness that is this world and cosmos now. I don't just tune in to it. I am it. I walk and breathe as it. I am guided by it and I guide and evolve its growth and mega play.

I'm not necessarily suggesting that everyone should do this. This may be a particular role for my own greater contribution. But maestros of consciousness creation have to give up being a normal human being in order to know fully what there is for them to do next. You have to live beyond self, always attuned to a greater potentiality in motion for the evolution of human beings, this world and our cosmos. We are entering an era of cosmic life and I don't mean that space ships are about to land. I mean that we are discovering our place in a greater arena of awesome creation.

Our new collective consciousness, that is this planet and this cosmos combined, has in it all the knowledge and wisdom of all sources from all cosmoses ... past, present, future and beyond time.

We have already birthed a new planet. I watched her spirit leave in 1996 and saw the new being seeded and initiated in the very core of the Earth. I have watched the power of the new growth, the expansion into omni-dimensional realities, the inclusion of all levels of sourceness and the brilliance of this world being the centre point for a new cosmic consciousness beyond anything we've previously known before. I dance in this consciousness as a lover, a partner, a mega player, a maestro, and yes as the consciousness itself. I am it and it is me ... as it can be for anyone who wishes to dance in its magnificent brilliance.

I have seen the Earth shifted from one galaxy into a whole new place in the cosmoses. I have watched it being lifted through dimensional frequencies into a whole new paradigm of reality. I have experienced the vibes growing with increasing frequency and grace over the past decade. In fact at this point in time, I might even be willing to rename this world from Earth to Enchantra as a possible god name that's more suitable to who it now really is. But I'm not hung up on the name as our gorgeous planet is still expanding and evolving and it may yet move beyond even this part of its creation to discover an even more relevant name in the future.

**Step 6 ~ Seeing super big.** It's from this omni-cosmic vantage point that you can begin to see where we might be heading. As a maestro, you absolutely cannot see things from how they've always been. You have to see beyond the human perspective and even beyond the Earth's perspective. You have to see how we're evolving in the context of the biggest, mega, cosmic game and then guide the consciousness creation from there.

Let me give you an example. A lot of new players in the consciousness game think that something should be done to balance out the masculine and feminine as that's where a lot of our 20<sup>th</sup> century frustrations came from. But from the omni-cosmic perspective you want to set a completely different strategy in motion here. I have gone into the Earth's future and seen the human race going extinct from the choice of androgyny (neither male nor female). From this strategy, we lost the passion and drive that would have us continue over long periods of time to evolve. Instead, from the omni-cosmic picture, we source into consciousness creation 'the diversity of being' in every conceivable way possible. The more unique and diverse we are, the more we can bring mega creation to the planet and this cosmos. That means that we have to also create honour and respect for everyone's unique contribution in the new consciousness and that is exactly what we have done. So in the end result, what we have created on a small scale is that if someone wants to be all male or all female, or any combo thereof, that's all possible for celebration now. And on a grander scale, if someone living on Earth comes from the planet Gorgon or the Orion Nebula that too is honoured and celebrated as a contribution to us all. That's why I find some of the new movies, like *Martian Child* and *Transformers*, such great representations of the new consciousness now. We are preparing ourselves for a new view of Life in an omni-cosmic way and it's delightfully and deliciously full of Life in every wondrous way.

**Step 7 ~ Kaleidoscopic creation.** Despite all that I've said about being a maestro, the true power of creating consciousness comes from the diverse contributions of a conscious collective. A kaleidoscope makes beautiful pictures by letting the pieces fall into random order. It's the same for consciousness creation. You can't dictate what another's contribution is or how it should be conceived. It's theirs to gift to us all and your job is to create a space in which that contribution can be honoured.

Now having said that, there are moments where you know someone is about to do something or bring energy present that doesn't fit this particular creation. In these

cases, you have to be a steward for that in the biggest way possible. You have to see where their contribution is coming from. Is it from some version of their human beingness, in which case it might be throwing us off the bigger picture? Or is it coming from their vast, mega beingness, which knows that this is for sure the right thing to do now? You won't always know immediately which is which when this comes up, but you do have to be alert to it, all the while sourcing the space for everyone to show up brilliantly and in their mega'est. You're literally dancing on the edge of a sword, always calling the most amazing, biggest, vastest beingness and contribution present in everyone while being a steward for the rightness of it all to turn out as it is meant to. It's not always easy and not always recognised by those you're working with as the right thing to happen in that moment. But you have to do what you know is right to do from the biggest place of consciousness conception.

I'm fortunate that I've had ten years of event experiences where we've been sourcing consciousness creation together. I've had to learn the hard way what to do and what not to do. For me, there was no school of consciousness creation that I could go to to learn this skill. But it is what we now offer for others, the advantage of our years of experience in this area, the wisdom and skill of creating consciousness for a new world and a new cosmos. And we have a ball doing it. We make it fun, modern, magical and enchanting in every single way.

**Step 8 ~ Birthing the new consciousness.** When you're conceiving a new consciousness, you need to have wide-open conversations for possibility. You have to free think and open up new ideas with one another. You tune in as a collective. You invite all the big players throughout the world and the cosmoses to join you in collective consciousness to bring this through. You create a bigger collective field in which the new consciousness is conceived.

You call the energy of the next level of consciousness present and you pour it through into conscious reality. You fill the space all around you with the energy of this creation. You do that even before you know what it's going to be. It's the energy first and the knowing second that generally happens.

And then you begin to play, to dance, to sing, to express and to love the new consciousness into being. You recognise it. You become it. You dance with it. You call it into being and you assign sentiency to it. You pour it into the fabric of this world at the highest level of frequency. You call it into the essence of every single being in the world and you celebrate its birth with great joy and exhilaration.

**Step 9 ~ Assigning sentiency to consciousness.** Now here's a subject near and dear to my heart. In a simplistic form, it's like assigning sentiency to a teddy bear that you love. You talk to it, you believe it's alive and can talk back to you and before you know it, it literally has a consciousness of its own. Ever asked your teddy bear for guidance and got a great answer? You see what I mean. It comes alive because you relate to it as a living conscious being.

Assigning sentiency to consciousness is the same thing, just of a slightly bigger order. It's a collective game, not just an individual thing between you and your teddy bear.

Once you begin to realise that everything is alive, everything is conscious and everything has beingness, then Life around you really begins to pulse and dance with new possibilities and amazing synergy and synchronicities. You move from the world of ordinary living to magical creation.

I remember when I put sentient consciousness into all the technology around the world ... the internet, computers, mobile phones, faxes, telephones, broadband, satellites and more. I recognised its greater beingness and asked it to be conscious for its ability generate good for this world. I gave it conscious awareness and a sense of greater purpose and asked it to be a player in this game with us. For me, that relationship still exists and I watch the technology evolve by the day in a beautifully conscious way.

I laughed today as I watched the trailer for the new Terminator Salvation movie coming out. While John Connor is running around looking to shut down the machines to stop the war against humans, I instead would go into the very depths of consciousness creation and assign greater beingness and conscious sentiency to all robots and machines to have them align with Life. I would stir the fabric of a soul within them and create them as a part of godness evolving itself.

I believe that artificial intelligence is right upon us and I look forward to the day. Because like the teddy bears we loved as a child, so we can interact and influence in a far greater way the very nature of intelligence evolving in any form, be that human, animal, insect, bird, Earth, Sun or robotic technology. While I know there are some who would think this is just a step too far, I also know that this does work. I have already had the proof of it in many wonderful ways. Assigning sentiency and Life to a non-living thing is a beautiful creation. It's a part of the jewelled experience of Life. And maybe these things always were alive and we simply didn't recognise it. As human beings in the past we've been quick to think that rocks don't feel and Earth isn't a living being. But today, so many of us know differently.

Well assigning sentiency to consciousness is of the same order. You interact with the living space and energy in a way that brings it alive and real. Believe me, it knows a lot more than you and I, so how dare we think we're surrounded by dead space when the libraries of the living cosmoses flows around us every day waiting for us to engage with it with delight!

**Step 10 ~ Realising the new consciousness.** So you've called it, conceived it, created it and assigned it sentiency. Next you begin to see how to live within it and as it. You commune with it. You give new language and concepts to it. You write it, sing it and dance it into being. You teach it, speak it and coach it for everyone you're in touch with. You have to bring it into reality in a vibrant way. You can't just



do the consciousness doo and then walk away as if that's that. You're its creator, its parent, its sibling, its partner. You have a job to get the world to recognise it and live within it with ease and joy.

Creating language for new consciousness is a wondrous skill. A lot of people think that putting words to something new limits it, but I believe the opposite is true. If you just grab words and concepts from the past, of course they'll be limiting. But if you commune with the energy and the consciousness, it will gift you amazing new insights and brand new language that transforms it from consciousness as a static thing in the air around us to a living, breathing beingness that's alive with all kinds of new possibilities for us to live from. You release it from the air around you and sing it into being with every new word out of your mouth. It's a sacred act and one that is pure delight to engage in. It's an honour to be able to realise new consciousness.

Writing is another way of doing this. Many stewards of consciousness creation find that they are naturally drawn to writing and speaking as ways of bringing the new consciousness to Life! It becomes a living being that pulses with Life and potentiality. It's the living field in which we thrive, grow and evolve.

The Earth is not a dead rock floating in dark, empty space. This is a living breathing being that is the culmination of aeons of creation, a being that has been created as a new source for this cosmos. The last fourteen years of my life have been given to this purpose and I am very fulfilled with my contribution to it all. I would wish that every being on this planet could be as fulfilled as I am at this moment in time. I would wish into being a knowing of their brilliance and beauty, of their ability to create and contribute, of their magnificent lineage of being.

In my eyes, there is no greater contribution we can make than to evolve all that is, was or ever will be. I believe that's the purpose of our being, to journey through lifetimes of experiences to evolve sourcedness for all. It does raise loads of BIG questions about godness, sourcedness and the purpose of being, but those are great questions that we should all be dancing within all the time.

So there you have it. I've completed what I set out to achieve in this book. I wanted to gift the legacy of my experiences as a lover and partner of consciousness and I hope you've found it stimulating in many wonderful ways. Who knows where our partnership with this new consciousness will lead us from here? I for one am excited about the next and the next and the next possibilities on that journey. See you on the consciousness airwaves for the mega creation of it all from here.

Vibrantly ...

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